

**2009 FL Swimming LC Junior Olympics - 7/16/2009 to 7/19/2009**

**Session Report**

Session: 1 Thursday Prelims

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Women 10 & Under 100 Freestyle	49	7	09:00 AM _____
Finals	2 Men 10 & Under 100 Freestyle	44	6	09:13 AM _____
Prelims	3 Women 11-12 100 Freestyle	71	9	09:24 AM _____
Prelims	4 Men 11-12 100 Freestyle	42	6	09:39 AM _____
Prelims	5 Women 13-14 100 Freestyle	72	9	09:49 AM _____
Prelims	6 Men 13-14 100 Freestyle	75	10	10:03 AM _____
Finals	7 Women 10 & Under 50 Breaststroke	38	5	10:19 AM _____
Finals	8 Men 10 & Under 50 Breaststroke	30	4	10:25 AM _____
Prelims	9 Women 11-12 50 Breaststroke	34	5	10:30 AM _____
Prelims	10 Men 11-12 50 Breaststroke	29	4	10:36 AM _____
Prelims	11 Women 13-14 100 Breaststroke	41	6	10:41 AM _____
Prelims	12 Men 13-14 100 Breaststroke	31	4	10:53 AM _____
Finals	13 Women 10 & Under 100 Backstroke	48	6	11:00 AM _____
Finals	14 Men 10 & Under 100 Backstroke	30	4	11:14 AM _____
Prelims	15 Women 11-12 100 Backstroke	83	11	11:23 AM _____
Prelims	16 Men 11-12 100 Backstroke	36	5	11:46 AM _____
Prelims	17 Women 13-14 200 Backstroke	67	9	11:57 AM _____
Prelims	18 Men 13-14 200 Backstroke	42	6	12:28 PM _____
Finals	19 Women 10 & Under 400 Freestyle	20	3	12:48 PM _____
Finals	20 Men 10 & Under 400 Freestyle	17	3	01:08 PM _____
Finals	21 Women 11-12 800 Freestyle	41	6	01:26 PM _____
Finals	22 Men 11-12 800 Freestyle	27	4	02:34 PM _____
Finals-S	23 Women 13-14 800 Freestyle	30	4	03:19 PM _____
Finals-S	24 Men 13-14 800 Freestyle	22	3	04:01 PM _____
	Swimmer Count for Warm-ups: 631	=====	=====	
	Entry / Heat Totals:	1,019	139	
	Finish Time			04:33 PM _____

**2009 FL Swimming LC Junior Olympics - 7/16/2009 to 7/19/2009**

**Session Report**

Session: 2 Thursday Finals

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	3 Women 11-12 100 Freestyle	16	2u	06:00 PM _____
Finals	4 Men 11-12 100 Freestyle	16	2u	06:05 PM _____
Finals	5 Women 13-14 100 Freestyle	16	2u	06:09 PM _____
Finals	6 Men 13-14 100 Freestyle	16	2u	06:13 PM _____
Finals	9 Women 11-12 50 Breaststroke	16	2u	06:17 PM _____
Finals	10 Men 11-12 50 Breaststroke	16	2u	06:20 PM _____
Finals	11 Women 13-14 100 Breaststroke	16	2u	06:23 PM _____
Finals	12 Men 13-14 100 Breaststroke	16	2u	06:28 PM _____
Finals	15 Women 11-12 100 Backstroke	16	2u	06:33 PM _____
Finals	16 Men 11-12 100 Backstroke	16	2u	06:38 PM _____
Finals	17 Women 13-14 200 Backstroke	16	2u	06:43 PM _____
Finals	18 Men 13-14 200 Backstroke	16	2u	06:50 PM _____
Finals-1	23 Women 13-14 800 Freestyle	8	1	06:57 PM _____
Finals-1	24 Men 13-14 800 Freestyle	8	1	07:08 PM _____
	Swimmer Count for Warm-ups: 160	=====	=====	
	Entry / Heat Totals:	208	26	
	Finish Time			07:19 PM _____

**2009 FL Swimming LC Junior Olympics - 7/16/2009 to 7/19/2009**

**Session Report**

Session: 3 Friday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	25 Women 13-14 200 Freestyle Relay	33	5	09:00 AM _____
Finals	26 Men 13-14 200 Freestyle Relay	18	3	09:14 AM _____
Finals	27 Women 11-12 200 Freestyle Relay	26	4	09:21 AM _____
Finals	28 Men 11-12 200 Freestyle Relay	15	2	09:32 AM _____
Prelims	29 Women 13-14 200 Freestyle	66	9	09:37 AM _____
Prelims	30 Men 13-14 200 Freestyle	52	7	10:03 AM _____
Prelims	31 Women 11-12 200 Freestyle	79	10	10:22 AM _____
Prelims	32 Men 11-12 200 Freestyle	47	6	10:52 AM _____
Finals	33 Women 10 & Under 200 Freestyle	46	6	11:10 AM _____
Finals	34 Men 10 & Under 200 Freestyle	41	6	11:30 AM _____
Prelims	35 Women 13-14 200 Breaststroke	44	6	11:50 AM _____
Prelims	36 Men 13-14 200 Breaststroke	36	5	12:11 PM _____
Prelims	37 Women 11-12 100 Breaststroke	33	5	12:29 PM _____
Prelims	38 Men 11-12 100 Breaststroke	37	5	12:39 PM _____
Finals	39 Women 10 & Under 100 Breaststroke	48	6	12:49 PM _____
Finals	40 Men 10 & Under 100 Breaststroke	26	4	01:03 PM _____
Finals-S	43 Women 11-12 400 Medley Relay	9	2	01:12 PM _____
Finals-S	44 Men 11-12 400 Medley Relay	0	0	01:25 PM _____
Finals-S	45 Women 13-14 400 Medley Relay	16	2	01:25 PM _____
Finals-S	46 Men 13-14 400 Medley Relay	3	1	01:37 PM _____
	Break: 10 Minutes			
Prelims	41 Women 13-14 400 IM	25	4	01:54 PM _____
Prelims	42 Men 13-14 400 IM	33	5	02:18 PM _____
	Swimmer Count for Warm-ups: 513	=====	=====	
	Entry / Heat Totals:	733	103	
	Finish Time			02:48 PM _____

**2009 FL Swimming LC Junior Olympics - 7/16/2009 to 7/19/2009**

**Session Report**

Session: 4 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	29 Women 13-14 200 Freestyle	16	2u	06:00 PM _____
Finals	30 Men 13-14 200 Freestyle	16	2u	06:07 PM _____
Finals	31 Women 11-12 200 Freestyle	16	2u	06:13 PM _____
Finals	32 Men 11-12 200 Freestyle	16	2u	06:20 PM _____
Finals	35 Women 13-14 200 Breaststroke	16	2u	06:26 PM _____
Finals	36 Men 13-14 200 Breaststroke	16	2u	06:34 PM _____
Finals	37 Women 11-12 100 Breaststroke	16	2u	06:42 PM _____
Finals	38 Men 11-12 100 Breaststroke	16	2u	06:47 PM _____
Finals	41 Women 13-14 400 IM	16	2u	06:51 PM _____
Finals	42 Men 13-14 400 IM	16	2u	07:04 PM _____
Finals-2	43 Women 11-12 400 Medley Relay	16	2	07:16 PM _____
Finals-2	44 Men 11-12 400 Medley Relay	15	2	07:30 PM _____
Finals-2	45 Women 13-14 400 Medley Relay	16	2	07:43 PM _____
Finals-2	46 Men 13-14 400 Medley Relay	15	2	07:56 PM _____
	Swimmer Count for Warm-ups: 135	=====	=====	
	Entry / Heat Totals:	222	28	
	Finish Time			08:08 PM _____

**2009 FL Swimming LC Junior Olympics - 7/16/2009 to 7/19/2009**

**Session Report**

Session: 5 Saturday Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	47 Women 13-14 200 Medley Relay	33	5	09:00 AM _____
Finals	48 Men 13-14 200 Medley Relay	18	3	09:16 AM _____
Finals	49 Women 11-12 200 Medley Relay	26	4	09:25 AM _____
Finals	50 Men 11-12 200 Medley Relay	15	2	09:38 AM _____
Finals	51 Women 10 & Under 200 Medley Relay	26	4	09:45 AM _____
Finals	52 Men 10 & Under 200 Medley Relay	16	2	10:00 AM _____
Prelims	53 Women 13-14 200 Butterfly	34	5	10:08 AM _____
Prelims	54 Men 13-14 200 Butterfly	23	3	10:24 AM _____
Prelims	55 Women 11-12 100 Butterfly	44	6	10:33 AM _____
Prelims	56 Men 11-12 100 Butterfly	34	5	10:44 AM _____
Finals	57 Women 10 & Under 100 Butterfly	42	6	10:53 AM _____
Finals	58 Men 10 & Under 100 Butterfly	29	4	11:06 AM _____
Prelims	59 Women 13-14 100 Backstroke	72	9	11:14 AM _____
Prelims	60 Men 13-14 100 Backstroke	47	6	11:32 AM _____
Prelims	61 Women 11-12 50 Backstroke	60	8	11:44 AM _____
Prelims	62 Men 11-12 50 Backstroke	33	5	11:55 AM _____
Finals	63 Women 10 & Under 50 Backstroke	48	6	12:02 PM _____
Finals	64 Men 10 & Under 50 Backstroke	37	5	12:11 PM _____
Prelims	65 Women 13-14 400 Freestyle	51	7	12:18 PM _____
Prelims	66 Men 13-14 400 Freestyle	54	7	12:56 PM _____
Prelims	67 Women 11-12 400 Freestyle	43	6	01:32 PM _____
Prelims	68 Men 11-12 400 Freestyle	38	5	02:06 PM _____
Finals-S	69 Women 13-14 400 Freestyle Relay	16	2	02:35 PM _____
Finals-S	70 Men 13-14 400 Freestyle Relay	3	1	02:46 PM _____
Finals-S	71 Women 11-12 400 Freestyle Relay	9	2	02:51 PM _____
Finals-S	72 Men 11-12 400 Freestyle Relay	0	0	03:02 PM _____
	Swimmer Count for Warm-ups: 515	=====	=====	
	Entry / Heat Totals:	851	118	
	Finish Time			03:02 PM _____

**2009 FL Swimming LC Junior Olympics - 7/16/2009 to 7/19/2009**

**Session Report**

Session: 6 Saturday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	53 Women 13-14 200 Butterfly	16	2u	06:00 PM _____
Finals	54 Men 13-14 200 Butterfly	16	2u	06:08 PM _____
Finals	55 Women 11-12 100 Butterfly	16	2u	06:14 PM _____
Finals	56 Men 11-12 100 Butterfly	16	2u	06:19 PM _____
Finals	59 Women 13-14 100 Backstroke	16	2u	06:23 PM _____
Finals	60 Men 13-14 100 Backstroke	16	2u	06:28 PM _____
Finals	61 Women 11-12 50 Backstroke	16	2u	06:33 PM _____
Finals	62 Men 11-12 50 Backstroke	16	2u	06:36 PM _____
Finals	65 Women 13-14 400 Freestyle	16	2u	06:40 PM _____
Finals	66 Men 13-14 400 Freestyle	16	2u	06:51 PM _____
Finals	67 Women 11-12 400 Freestyle	16	2u	07:02 PM _____
Finals	68 Men 11-12 400 Freestyle	16	2u	07:14 PM _____
Finals-2	69 Women 13-14 400 Freestyle Relay	16	2	07:26 PM _____
Finals-2	70 Men 13-14 400 Freestyle Relay	15	2	07:37 PM _____
Finals-2	71 Women 11-12 400 Freestyle Relay	16	2	07:47 PM _____
Finals-2	72 Men 11-12 400 Freestyle Relay	15	2	07:58 PM _____
	Swimmer Count for Warm-ups: 152	=====	=====	
	Entry / Heat Totals:	254	32	
	Finish Time			08:10 PM _____

**2009 FL Swimming LC Junior Olympics - 7/16/2009 to 7/19/2009**

**Session Report**

Session: 7 Sunday Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	73 Women 10 & Under 200 Freestyle Relay	27	4	09:00 AM	_____
Finals	74 Men 10 & Under 200 Freestyle Relay	17	3	09:13 AM	_____
Prelims	77 Women 13-14 50 Freestyle	52	7	09:22 AM	_____
Prelims	78 Men 13-14 50 Freestyle	73	10	09:29 AM	_____
Prelims	79 Women 11-12 50 Freestyle	68	9	09:39 AM	_____
Prelims	80 Men 11-12 50 Freestyle	41	6	09:49 AM	_____
Finals	81 Women 10 & Under 50 Freestyle	31	4	09:55 AM	_____
Finals	82 Men 10 & Under 50 Freestyle	30	4	09:59 AM	_____
Prelims	83 Women 13-14 200 IM	71	9	10:04 AM	_____
Prelims	84 Men 13-14 200 IM	57	8	10:33 AM	_____
Prelims	85 Women 11-12 200 IM	56	7	10:58 AM	_____
Prelims	86 Men 11-12 200 IM	46	6	11:21 AM	_____
Finals	87 Women 10 & Under 200 IM	31	4	11:41 AM	_____
Finals	88 Men 10 & Under 200 IM	33	5	11:56 AM	_____
Prelims	89 Women 13-14 100 Butterfly	51	7	12:14 PM	_____
Prelims	90 Men 13-14 100 Butterfly	43	6	12:26 PM	_____
Prelims	91 Women 11-12 50 Butterfly	58	8	12:37 PM	_____
Prelims	92 Men 11-12 50 Butterfly	36	5	12:45 PM	_____
Finals	93 Women 10 & Under 50 Butterfly	61	8	12:51 PM	_____
Finals	94 Men 10 & Under 50 Butterfly	40	5	01:00 PM	_____
	Break: 10 Minutes				
Finals-S	75 Women 13-14 1500 Freestyle	21	3	01:16 PM	_____
Finals-S	76 Men 13-14 1500 Freestyle	15	2	02:16 PM	_____
	Swimmer Count for Warm-ups: 585	=====	=====		
	Entry / Heat Totals:	958	130		
	Finish Time			02:55 PM	_____

**2009 FL Swimming LC Junior Olympics - 7/16/2009 to 7/19/2009**

**Session Report**

Session: 8 Sunday Finals

Day of Meet: 4 Starts at 05:30 PM Heat Interval: 60 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals-1	75 Women 13-14 1500 Freestyle	8	1	05:30 PM _____
Finals-1	76 Men 13-14 1500 Freestyle	8	1	05:50 PM _____
Finals	77 Women 13-14 50 Freestyle	16	2u	06:09 PM _____
Finals	78 Men 13-14 50 Freestyle	16	2u	06:12 PM _____
Finals	79 Women 11-12 50 Freestyle	16	2u	06:15 PM _____
Finals	80 Men 11-12 50 Freestyle	16	2u	06:18 PM _____
Finals	83 Women 13-14 200 IM	16	2u	06:21 PM _____
Finals	84 Men 13-14 200 IM	16	2u	06:28 PM _____
Finals	85 Women 11-12 200 IM	16	2u	06:35 PM _____
Finals	86 Men 11-12 200 IM	16	2u	06:42 PM _____
Finals	89 Women 13-14 100 Butterfly	16	2u	06:49 PM _____
Finals	90 Men 13-14 100 Butterfly	16	2u	06:54 PM _____
Finals	91 Women 11-12 50 Butterfly	16	2u	06:58 PM _____
Finals	92 Men 11-12 50 Butterfly	16	2u	07:01 PM _____
	Swimmer Count for Warm-ups: 149	=====	=====	
	Entry / Heat Totals:	208	26	
	Finish Time			07:04 PM _____